

HOW TO INTRODUCE

Michelle Mitchell

Michelle Mitchell is an award-winning speaker, and bestselling parenting author. She has been termed 'the teenage expert' by the media and is sought after for her compassionate and grounded advice for parenting tweens and teens.

Michelle started her career as a teacher, but soon discovered a special interest in wellbeing. She left teaching in 2000 to found Youth Excel, a 'boutique' health promotion charity which delivered tailor made life skills programs and psychological services to thousands of young people and their families.

Today she uses her experience to write and speak in schools, community events and through media.

Please join me as we welcome Michelle...